

IN SEARCH OF INTEGRAL FREEDOM



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In Search of... Integral Freedom

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Synopsis

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The vocabulary 'freedom' is being used by different people and societies in different ways – the political associations, religious forums, the government and bureaucracy, the social communities and individuals around the world. The definition and meaning of vocabulary freedom is presented in the book. Frequently Asked Questions on freedom are enumerated – 21 question's for 21st century. The philosophy and the meaning of freedom as conceived by Indian Philosophers like Sri. Aurobindo, Sri. J. Krishna Moorthy, Sadhguru is presented. The basic freedom like freedom of speech, freedom of worship, freedom from want, and freedom from fear is explained. The freedom as conceived in the modern world is discussed. The prime types of freedom in the world namely 'freedom from' and 'freedom to' are described. The concept of freedom remain as an illusion for most of us throughout our life. The details on understanding 'True Freedom' is presented. It is tried bring out in the text, 21 types of freedom in the 21st century. Starting from physical freedom to freedom from injustice. The future trends of freedom as well as the types of freedom index used in the contemporary era is given at the end. It is visualized to climb steps from individual freedom to global freedom-from free individuals to free society -----to free country --- and to free world. The lessons to learn from model free countries/regions/philosophy is given –the freedom the American way – freedom the Nordic way – freedom the Eastern way – The Zen Budhism way, freedom the Taoist way, freedom the hinduism way. The concept of integral freedom is brought in and the ways and means to reach out integral freedom for 21st century is presented at the end.